

The Stroke Unit

At first glance, the many medical devices used in the Stroke Unit are frequently irritating. They are, however, necessary to ensure that the patient receives the best possible care and supervision.

Patient care includes supervision, nursing and treatment. A therapeutic team of doctors, nursing staff, physiotherapists and speech therapists looks after the patients day and night - offering a level of care that is as intensive as necessary. To do so, they rely on technical devices.

• **Monitoring**

One of the main devices used to monitor stroke patients is the ECG. It involves gluing electrodes to the patient's chest that transmit the cardiac currents to a monitor above the bed. This way, any changes of heartbeat can be detected immediately.

Blood pressure is measured via a blood pressure cuff or continuously via a cannula needle that, in most cases, is inserted in the wrist or groin artery.

A clip on the finger or the ear (pulse oxymetry) is used for the continuous and non-invasive monitoring of the oxygen saturation of the blood.

The monitor allows people to see all parameters at a glance. As soon as any of the set limits is exceeded, an alarm is triggered.

• **Nutrition**

As long as a patient cannot feed himself, artificial feeding must be provided. The infusion solutions and drugs developed for this purpose are administered via special pumps that ensure exact levels of supply. The patient is fed a high-calorie formula via a stomach tube. The fluids are administered via infusion needles or so-called central venous catheters.

• **Urinary drainage**

If required, the urine is drained via a catheter that has been inserted in the bladder via the urethra.

Depending on the situation, additional therapies and devices may become necessary.

How to reach us:

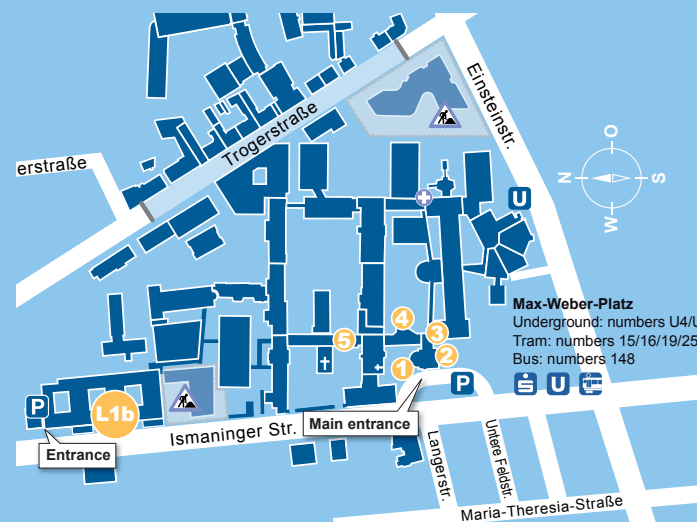
Stroke Unit L1b
Department of Neurology
University hospital
Klinikum rechts der Isar
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Ismaninger Str. 22
81675 Munich, Germany

Tel. (nursing staff):

Room 34/35: ++49 (0) 89 4140-4620
Room 36/37: ++49 (0) 89 4140-4624
Room 38: ++49 (0) 89 4140-5665

Tel. (doctors): ++49 (0) 89 4140-5187

- 1 Kiosk
- 2 Cafeteria
- 3 Cash machine
- 4 Patient admission
- 5 Telephone booth
Stamp vending machine
Cash desk



Klinikum rechts der Isar
Technische Universität München

Information for relatives

Stroke Unit L1b

MNL_Flyer Stroke Unit L1b_en_170324



We are there for you!

We hope that this flyer answers some of your questions. Naturally we are at your disposal should you require more details.

After all, you, the relative, make an important contribution to the recovery of the patient.

If you have questions, problems or complaints, please contact us.

Our pastors too are available to patients and their relatives whenever they need their support.

Wishing you strength and courage in this critical life situation.

Your nursing team at Stroke Unit L1b

Stroke Unit

Schlaganfall Intensiv Überwachung

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Information for relatives

Dear visitors,

Most people visiting a member of their family in the Stroke Unit find the experience unnerving.

In order to offer our patients the best possible care, we believe that a good basis of trust between the patient, his family and our team is of the utmost importance.

We have produced this flyer to inform you about this unit and to offer you assistance in this situation.

General information

The Stroke Unit is a special facility that offers medical and nursing care as well as supervision for stroke patients. The L1b Stroke Unit has 12 monitor-equipped beds. The specially trained nursing staff and the doctors ensure expert care around the clock.

Visits

At our Stroke Unit we offer **flexible visiting hours**.

Many nursing and therapeutic measures tend to be carried out in the morning, which is why we recommend that you visit the patient between 2:30 pm and 6 pm. We hope you understand that waiting times and interruptions during your visit cannot always be avoided. Individual arrangements with the competent nurse are, however, always possible.

In the interest of your relative and other patients we are asking you to make arrangements within your family to ensure that, as a rule, no more than two members of your family visit at the same time.

Medical information via the phone

Telephone enquiries about the treatment progress of your relative will only be answered by the doctor. For reasons of privacy, you need to let us know the patient number given to you by the unit staff before you can talk to the doctor.

It would be helpful if you could appoint ONE member of your family as contact person for the doctor and nursing staff. Please let other family members know who that contact person is.

Personal medical information

If you want to talk to the doctor in person, the competent nurse is happy to arrange this. Please understand that, due to difficult situations, this may not always be possible straight away.

Nursing information

The competent nurse will be happy to provide information about nursing measures.

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Transfers

The decision as to whether a patient can be transferred is frequently made during the doctor's round. Transfers tend to take place in the morning. Transfers at short notice, e.g. due to the admission of emergency cases, can also occur at other times of the day.

Entering the Stroke Unit

Please wait after ringing the bell. If it is your first visit, you are picked up at the door and accompanied to your relative. For reasons of hygiene it is necessary that you disinfect your hands whenever you enter the patient's room.

If you suffer from a cold or an infectious disease, you may want to reconsider your visit. If you do visit, please inform the nursing staff of your condition.

To ensure that the other patients are disturbed as little as possible, we are asking you to refrain from using mobile phones.

Gifts

For reasons of hygiene, flowers are not permitted in the Stroke Unit.

Food and drink should only be brought along after consultation with the nursing staff.

Personal belongings

If your relative were to need personal items during his stay at the Stroke Unit, arrangements can be made with the nursing staff.

Unfortunately, pieces of luggage and bags cannot be stored by the Stroke Unit.

